



do you... take drugs?

Drug use can affect your ability to choose safer sex, and may actually have a negative effect on your libido.



do you... love?

Sexuality is an integral part of being human, and a healthy sexual relationship can contribute to an overall sense of well being.



do you... do it?

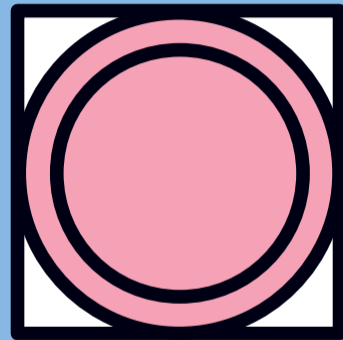
Safer sex is essential with new partners and a joint sexual health screening is necessary before you stop using condoms.



do you... know?

You can't tell by looking at someone if they are HIV positive and the only way to know your own or your partners HIV status is to get tested.

do you choose it?



safer sex
www.doyouchooseit.com



do you play... games?

STIs can be transmitted through toys, hands, and the mouth. Practise safer sex by using condoms, gloves, and glyde dams.



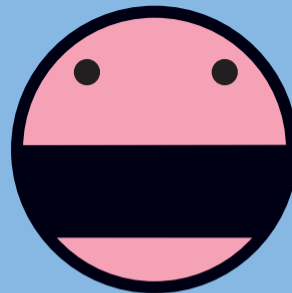
do you... fantasise?

Talking about what you like can increase your confidence when negotiating safer sex. Do you tell your partner your fantasies?



do you... get tested?

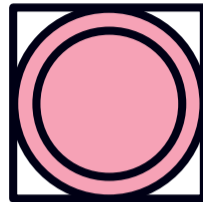
HIV & STI testing is confidential and available free of charge. Visit www.hivireland.ie for a testing centre near you



are we... over censored?

Some institutions in Ireland are dictating what we can say in public. Do you have a voice? Express yourself.
www.doyouchooseit.com

do you choose it?



safer sex

This leaflet has been brought to you by:

Dublin AIDS Alliance & Red Ribbon Project

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